

The JOHN MAXWELL **Team**

Meeting One

THE LAW OF INTENTIONALITY

Growth Doesn't Just Happen...

- I. Personal Growth is not a _____ in most people's lives.

- II. Growth Gap Traps
 1. The Assumption Gap – *"I assume that I will _____ grow."*
 2. The Knowledge Gap – *"I _____ to grow"*
 3. The Timing Gap – *"It's not the _____ to begin."*
 4. The Mistake Gap – *"I am afraid of _____"*
 5. The Perfection Gap – *"I have to find the best way _____ I start"*
 6. The inspiration Gap – *"I don't _____ like doing it."*
 7. The Comparison Gap – *"_____ are better than I am"*
 8. The Expectation Gap – *"I thought it would be _____ than this."*

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_____ + _____ + _____

_____ + _____ = _____

III. MAKING THE TRANSITION TO INTENTIONAL GROWTH

A. Ask the _____ **Now**

B. Do It _____

C. Face The _____

Change From _____ **To** _____ **Growth**

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APPLYING THE LAW OF INTENTIONALITY TO YOUR LIFE

Reviewing the Gaps, ask yourself which of these gaps has presented the greatest challenge for you?

1. **The Assumption Gap** – *I assume I will automatically grow*
2. **The Knowledge Gap** – *I don't know how to grow*
3. **The Timing Gap** – *It's not the right time to grow*
4. **The Mistake Gap** – *I am afraid of growing*
5. **The Perfection Gap** – *I have to find the best way before I can start growing*
6. **The Inspiration Gap** – *I don't feel like growing*
7. **The Comparison Gap** – *Others are better than I am*
8. **The Expectation Gap** – *I thought it would be easier than this*

OVERCOME GROWING PAINS

(Specific steps to amazing growth)

Want to really grow? Take some time and write out a growth plan to address each area above. And take the first step TODAY to grow.

Look at your calendar for the next year: Schedule specific, timed and focused growth plans. If you think you don't have to time to schedule something else, imagine what last year could have looked like if you had scheduled plans for growing.

Remember, growing is not a goal, but a life-long process that MUST start with being intentional. While scheduling growth time may seem simplistic, it IS the beginning of action intention.

Read the next chapter – The Law of Awareness